

# 2020 GO-TO GUIDE

## FOR LENTEN PARISH RESOURCES



### OUR MISSION

To equip our Catholic Church customers with communication and engagement solutions so they can focus on their mission to evangelize new generations.



BECAUSE VIBRANT  
CHURCHES MATTER



## ABOUT US

We believe that vibrant churches matter. For nearly five decades, we've helped thousands of parishes across the country intentionally communicate with their parishioners, grow their engagement, and advance a

stewardship way of life. We've embraced technological changes to better serve the emerging needs of the Catholic Church in the modern world. Our passion is to help our customers change the world, one parishioner at a time.

There is so much happening at your parish during this season. From church activities to community-related projects, it's hard to find the time to seek and share much-needed resources for your parishioners. That is why LPI has created the "2020 Go-To Guide for Lenten Parish Resources."

Use these videos, books, podcasts, daily devotionals, and email reflections to ignite and inspire your faith community to reflect on their relationship with Jesus Christ, and use the suggested activities to engage your members.

## DAILY EMAIL REFLECTIONS

### Living Lent Daily

*Loyola Press*

This email series delivers daily reflections based on the Scriptures of Lent, drawing out lessons of mercy. The messages also include suggestions for further exploration of Lenten themes through additional online articles and prayers.

### Best Lent Ever

*Dynamic Catholic*

A free email program that will guide you on an incredible journey toward the best version of yourself. From Ash Wednesday to Easter, discover ways to transform your life in 40 days.

### The Ignatian Workout for Lent: An Online Retreat

*Ignatian Spirituality/Loyola Press*

Become a spiritual athlete and join The Ignatian Workout for Lent. Each Monday, Ignatian Spirituality author Tim Muldoon shares audio reflections accompanied by suggestions for prayer and action.

## ONLINE VIDEOS

### Lent in 3 Minutes

*Busted Halo*

A video to explain the significance of the Lenten season of prayer, fasting, and almsgiving.

### You Don't Know Jack ... about Lent

*Busted Halo*

Fr. Jack asks people on the street about Lent, Ash Wednesday, Good Friday, prayers, fasting, and almsgiving.

### Lent + Q & A

*Fr. Mike Schmitz/Encounter and Share Series*

Fr. Mike Schmitz answers questions about Lent and Holy Week.

### Where Is Lent in the Bible?

*Ascension Presents/Fr. Mike Schmitz*

Fr. Mike Schmitz explains where the observance of Lent came from (the Bible), clarifies why Catholics observe the season, and shares how it can make a difference in our lives.

### Preparing for Lent

*Ascension Presents/Fr. Mike Schmitz*

Fr. Mike Schmitz challenges us to try new ways to exercise Lenten practices, sharing several simple strategies for drawing closer to God during this holy season.

### What's the Point of Fasting During Lent?

*Ascension Presents/Fr. Mike Schmitz*

Fr. Mike Schmitz reminds us that God cares about us so much that He is willing to notice our sacrifices — no matter how meager they may seem — and He wants us to use those sacrifices to draw closer to Him.

### What Are the Practices of Lent?

*Word on Fire/Bishop Robert Barron*

Bishop Robert Barron breaks down Lent for those who don't quite get it.

### Bishop Barron on Lent

*Word on Fire/Bishop Robert Barron*

For so many of us, it means ashes today, sacrifice for weeks, and then a big celebration at the end of it all. But why? What does it all mean? Bishop Barron explains.

### What is Lent?

*Catholic Relief Services/Cardinal Timothy Dolan/Christopher West/Others*

This video series from Catholic Relief Services features prominent Catholic figures who respond to the question: "What is Lent?"



### **Lenten Video Series**

*The Religion Teacher*

A website that provides practical resources and teaching strategies to help catechists, these videos are designed to provide a brief overview of all things Lent.

## **ONLINE**

### **Confession: The Light Is on for You**

An initiative of the Archdiocese of Washington and the Diocese of Arlington, where Catholic churches across the D.C. metro area are open for quiet prayer and Confession throughout Lent.

### **Your Guide to a Catholic Lent: Everything You Need for a More Spiritual Lent**

*Simply Catholic*

Small reflections and quick tips about the meaning of Lent and the symbols used.

## **BOOKS/DEVOTIONALS**

### **Everyday Stewardship books**

*LPi/Tracy Earl Welliver*

These reflections provide insight into listening and responding to God's calls, so that we can learn to become mature disciples and Everyday Stewards.

### **Way of the Cross**

*LPi/Tracy Earl Welliver*

This unique take on the Way of the Cross is great for use by the entire parish, stewardship committee, Catholic school, or any group seeking to grow in the stewardship way of life.

### **Bringing Lent Home with Pope Francis**

*Ave Maria Press*

The story of the popular Holy Father's life, brief words of inspiration from him, and a variety of prayers and activities for each of the 40 days of Lent.

### **Lent: One Day at a Time for Catholic Teens**

*Ave Maria Press*

Husband-and-wife youth ministry experts Katie Prejean McGrady and Tommy McGrady offer realistic and engaging spiritual guidance for Lent that includes timely topics for teens, such as relationships, being your best, competition, control, fear, and forgiveness.

## **PODCASTS**

### **Lent: Catholic Apostolic Center**

A podcast series about the season of Lent and how we as Catholics can further grow in faith during this important season of preparation.

### **Fresh Ways for 40 Days: Lenten Podcast Series**

*Crossroads Initiative*

A fresh perspective and new practical suggestions to make this Lenten season different from what we've experienced in the past.

### **Picking a Thing for Lent**

*Ascension Presents/Fr. Mike Schmitz*

Fr. Mike Schmitz knows the tricks we can play on ourselves when it comes to picking something for Lent. So, he gives a straightforward guideline: Don't pick something that's arbitrary. Pick something that is necessary.

## **FAMILIES AND CHILDREN**

### **Growing with the Gospel**

*Lenten Activity Coloring Pages (LPi)*

Available with a subscription to WeCreate, LPi's Digital Art & Media Platform, you'll find scripture passages and corresponding activity pages to go along with them.

### **CRS Rice Bowl**

*Catholic Relief Services*

A Lenten faith formation program from Catholic Relief Services that offers resources that can help people of all ages, families, and communities participate in Lenten practices and deepen their faith.

### **Stations of the Cross for Children**

*Loyola Press*

Adapted for children by Catherine Odell, Catholics walk to the 14 stations of the Way of the Cross and stop to pray at each one. Available in English and Spanish.

### **Lent at Home – Activities for Busy Catholic Families**

*Loyola Press*

Given the many challenges facing today's families, now is the perfect time and home is the perfect place to experience Lent.

### **40 Ideas for 40 Days Calendar**

*Loyola Press*

Grounded in the symbols, Scripture readings, devotions, and traditions of the Lenten season, find Lenten activities you can adapt for your own setting.

### **Lenten Family Calendar**

*Loyola Press*

With ideas for practicing the traditional pathways of prayer, fasting, and almsgiving, your family can take simple steps to a meaningful Lent.

### **The Mass Box**

Following a monthly subscription concept, the Mass Box is delivered to your home with projects and supplies relating to the enclosed Magnifikid readings for Sunday Masses and Holy Days during that month.